

Promoting Healthy Social Behaviors in Child Care Centers

Research says that social-emotional skills are directly related to school success.

Children are **more** likely to be successful in school if they:

- can identify emotions in themselves and others;
- can relate to adults and peers in positive ways;
- can manage anger, frustration and distress;
- enjoy learning and approach it with enthusiasm.

Children are **less** likely to be successful in school if they:

- are frequently aggressive;
- engage in oppositional behavior;
- constantly seek attention;
- are unable to control their impulsive behavior;
- are unable to cooperate with others;
- ignore peers and adults.



***Helping teachers
support all children
and address
challenging behaviors***

Did you know that...

Research says that behavior problems in young children are on the rise?

Aggression is increasingly evident in younger and younger children?

Between 10% and 25% of young children display challenging behavior inappropriate for their developmental level?

Teachers report that children's disruptive behavior is the single biggest challenge they face?

In NC, 15% of pre-kindergarten teachers expelled at least one child over the last year?

Between 2 and 5 years of age the brain is primed and ready to learn to manage impulses and emotions?

Learning appropriate social-emotional skills depends largely on having caring adults to model, guide and offer support?

What are the goals of the *Promoting Healthy Social Behaviors in Child Care Centers* initiative?

In 2005 North Carolina established the statewide *Healthy Social Behaviors* initiative to:

- provide specialized consultation, technical assistance and training focusing on identifying, preventing, and addressing challenging behaviors in young children in child care centers;
- promote social competencies in all children in child care centers;
- help teachers determine strategies to teach children socially appropriate behaviors;
- work with teachers to enhance classroom management techniques and promote child-centered learning activities that promote pro-social behaviors;
- provide educational resources through articles and training events to others in the community interested in promoting the social-emotional health of NC's young children.

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